Hanhattan Beach Sun

The Weekly Newspaper of Manhattan Beach

Herald Publications - El Segundo, Manhattan Beach, Hawthorne, Lawndale, & Inglewood Community Newspapers Since 1911 - Circulation 30,000 - Readership 60,000 (310) 322-1830 Vol. 6, No. 3 February 21, 2013

Inside This Issue

Calendar	2
Classifieds	2
Food4 & !	5
People	2
Police Reports	2
Politically Speaking	
Valentines Specials7	1



Coordinating Council Recognizes Outstanding Students at Meeting



Courtesy of Lynne Gross The February luncheon of the Manhattan Beach Coordinating Council featured Student of the Month awards to three students.

In introducing American Martyrs Stu-dent of the Month, **Peter Zinsli**, the school principal made clear that Peter was not getting the award because he has leukemia but rather because of how he has inspired everyone as he has been battling the disease. In an emotional speech, she lauded his courage and the wonderful example he has set for his fellow classmates.

The Mira Costa High School Student of the Month is **Taylor Lewis**, who was the Co-Secretary General for the Model United Nations. She is also team Captain of the girls' basketball team and the President of Friendship Circle.

Lauren Tong of Manhattan Beach Middle School is a diligent leader, particularly in journalism and English. For group work, she keeps her fellow students on task and contributes in an excellent manner. She is also a synchronized ice skater who competes in national competitions.

Seen here from left to right: Taylor Lewis, Lauren Tong and Peter Zinsli.

Local Band 'Smiles' Joins John Lennon **Educational Bus Tour, Releases Album**

By Dylan Little

Fresh off winning the John Lennon Songwriting Contest and playing the National Association of Music Merchants (NAMM) convention in Anaheim, Smiles--a South Baybased five-piece indie-rock group--is releasing its first album, Sharing. Band members Devin Jimenez, Lauren Jimenez, Jonnathan Romero, Austin Anderson and Jesus Lopez have been working on the record for six years.

Unlike bigger rock acts, Smiles had to schedule studio time in between working day jobs and playing shows together. "The album has been in the works for a long time--since 2007," said Lopez. "We spent most of 2010 to 2012 recording it, in between tours and in between jobs." The album debuted on February 10 and is available on the website www.smilesmusic. com. The band is currently working on getting the album added to iTunes's library. The members describe their sound as part traditional rock, drawing inspiration from performers like the Beatles and Jeff Buckley, and part drum-oriented experimental pop music. "It's part rock, but it's part Animal Collective-style harmonies and drum beats," said Lopez. "It started very experimenal and [the final product] still is." In addition to releasing the album, one of the biggest highlights for the band this year was taking grand prize in the John Lennon Songwriting Contest. While Smiles' primary focus has been writing more mainstream-friendly music, the contest allowed the group to flex its creative muscles and record music that would show off its talents in song craft.

songwriting contest--not a pop contest or a rock contest. Fortunately, we won out and won it."

As part of winning the songwriting contest, Smiles got to play on the John Lennon Educational Tour Bus stage at NAMM. However, it nearly missed out on playing the set. The group arrived at the Anaheim Convention Center ready to perform on NAMM's outdoor stage, but the organizers initially said the event would be rained out.

"Unfortunately on the day of, it started raining--but California rain...so they called it off," said Lopez. "But then they called us last-minute and said we could play. We made it, we played our set and people dug us."

Smiles was formed by Devin Jimenez and

Franklin to obscure stuff like Os Mutantes." Even through it just released its first album, Smiles is already looking toward the future, having written enough songs for two more albums and hoping that the momentum from Sharing will provide more opportunities to reach a bigger audience.

"We already have two albums-worth of material ready to go," said Lopez. "We are always working on new things and in and out of recording studios. For the time being, we are still stepping forward. Now that we have the album ready, we hope we can take that next big step."

Unlike many bands in its position, Smiles doesn't hope the future includes a record deal. Instead, Lopez said the band would rather manage itself. The money Smiles gets from playing shows all goes back into the band and the thought is that giving all that money and time to a company to profit from would be a waste. "We are trying to keep it a family--very self-contained," said Lopez. "We put so much of our own time and energy and money into it. Just giving it away wouldn't be worth it for us. We don't touch any money from this. All the money goes back into the band." Recording albums and winning a songwriting contest are achievements for the band, but it is most proud of its live shows, whether those occur on tour at colleges between San Diego and Monterrey Bay or on Pier Avenue in Hermosa Beach. The group is already known for its stage presence and dynamic sound and is only looking to improve. "This is a group of five very talented guys individually, and you see that come across. We put on a great show live," said Lopez. "The music is there and we are still getting better."•

Saturday AM Clouds/ PM Sun 75°/54°



"We spent a few days recording new songs for that specifically," said Lopez, "It's a

"This is a group of five very talented guys individually, and you see that come across. We put a great show live. The music is there and we are still getting better."

Romero, who were childhood friends and both drummers looking to play together. Eventually, the band added members starting with Anderson until solidifying into this lineup in 2010.

What brought the members together was not only their skill as musicians, but also their common direction as artists. They share many of the same diverse influences. Lopez recalls initially being interesting in joining the band because they were all fans of the 1970s' post-punk band Television.

"When I joined the band, it was because we had a shared love of Television--that kind of punk" said Lopez. "And Jeff Buckley, but we are into a little bit of everything from Aretha

People

CONGRATULATIONS

Dakota Randall, of Manhattan Beach, a freshman Finance major at York College of Pennsylvania, has been named to the Dean's List for the Fall 2012 semester.

Michelle McCarthy, a graduate of Chadwick School and resident of Manhattan Beach, was a recipient of the Dean's Award for Academic Excellence during the 2012 fall term at Colgate University,

The following students, all from Manhattan Beach, were named to the Dean's List for the Fall 2012 semester Loyola Marymount University:

Robert Bellissimo, Timothy Burdiak, Rvan Chase. Nicholas de Virgilio. Austin Ertman, Thomas Hessenius, Charles Hoying, Ruby-Ann Manalaysay, Kristin O'Brien, Michael Wills, James Wu, and Alyssar Zein.

""If you hear a voice within you say 'you cannot paint,' then by all means paint, and that voice will be silenced." - Vincent Van Gogh"

Classifieds

The deadline for Classified Ad submission and payment is Noon on Tuesday to appear in Thursday's paper. Advertisements must be submitted in writing by mail, fax or email. You may pay by cash, check, or credit card (Visa or M/C over the phone).

Errors: Please check your advertisements immediately. Any corrections and/or changes in an ad must be requested prior to the fol-lowing Tuesday deadline in order to receive a credit. A credit will be issued for only the first time the error appears. Multiple runs will only be credited for the first time the error appears. No credit will be issued for an amount greater than the cost of the advertisement. Beware: Employment offers that suggest guaranteed out-of-state or overseas positions may be deceptive or unethical in nature. If you have any doubts about the nature of a company, contact the local office of the Better Business Bureau, (213) 251-9696. Herald Publications does not guarantee that the advertiser's claims are true nor does it take responsibility for those claims.

Schofield Realty

We receive 50 phone calls a month for ntal units in town. We need homes & artments to lease. Call KEN about our mt. program for Homes & Apartments. 310-322-4660

APARTMENT FOR RENT

Studio Apt. ES. Quiet complex, stove, fridge, pool, laundry, covered parking, and storage. No smoking/ pets. Avail. 3/10. \$895 + \$895 deposit w/copy of credit report. Leave message at (310) 322-8099. 1BD/BA. Large Apt. In ES quiet gated building. W/swimming pool, laundry facility, pond w/ water fall \$1,195. No pets. Call Mike at (310) 322-7166. 2BD/1BA. ES. Avail. 4-1-13. 220 Arena St. \$1550/mo. Call (310)

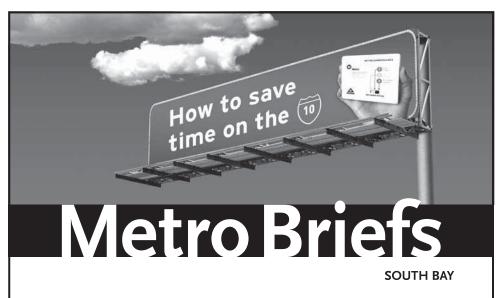
545-2845. GARAGE SALE

608 E. Holly Ave #1, ES. Sat., 2/23,

8 a.m. to 12 noon. Moving- Garage Sale. Household items, toys, books, etc. All must go! 205 W. Maple. Sat. 2/23, 7:30 a.m.

Household items, furniture, clothes, golf. All in excellent condition.

GUEST HOUSE FOR RENT Fully Furnished Guest House (Except for Bed) in El Segundo. Utilities included, quite neighborhood. \$1100. (310) 351-1064.



A Better Commute? It's About Time

Starting February 23, Metro ExpressLanes will save you time in traffic on the I-10 freeway, joining those already open on the I-110. The lanes are toll-free for carpools, vanpools and motorcycles Solo drivers can use ExpressLanes by paying a toll. All vehicles need a FasTrak® account and transponder to use the lanes. To get yours, visit metro.net/expresslanes.

Metro Buys 550 New Buses

Aonday, February 11

• Police Department Town Hall Meeting, 7-9 p.m., Joslyn Center, 1601 North Valley Drive

• Acting Out Again (acting/speaking skills), 1:30- 3:30 p.m., Joslyn Community Center, 1601 Valley Drive. For more information contact the Older Adults Program at (310) 802-5447. Wednesday, February 13

• Jim 'Kimo' West - Slack Key Guitar, 7-9 p.m., Manhattan Beach Library, 1320 Highland Ave. For more information call (310) 545-8595.

• Free Drop-in Craft Club for all older adults, every Wednesday Noon-2 p.m., Joslyn Community Center, 1601 Valley Drive. For more information call (310) 802-5447 Thursday, February 14

• Free Walking Group, 1:30-2:30 p.m., Manhattan Village Field, 1300 Parkview Ave. For more information call (310) 802-5447. SATURDAY, FEBRUARY 16

· Concert: Victor De Almeida with Harout Senekeremian, 2 p.m., Trinity Lutheran

<u>Police Reports</u>

JANUARY 28

Stolen License Plates: Morningside Dr. / 11th Pl. Unknown suspect(s) stole the license plates from the victim's vehicle, which was parked on the street.

Residential Burglary: 1200 Block of 2nd St. Unknown suspect(s) entered the residence through an unlocked rear door and stole three televisions, a stereo, videogame console with games, miscellaneous jewelry, and a laptop computer.

JANUARY 27

Stolen Vehicle: 1300 Block of 17th St. Unknown suspect(s) stole a black, 2009 Mercedes convertible that was parked on the street.

Theft: 1100 Block of 9th St. Unknown suspect(s) entered an unlocked vehicle that was parked on the street and stole loose change and a gift card.

JANUARY 26

Commercial Burglary: 1200 Block of Pacific Ave. Unknown(s) subject smashed two classroom windows at Pacific School and stole 59 iPads, which were secured in a locked metal cabinet.

JANUARY 25

Theft: 4000 Block of N. Highland Ave. Unknown suspect(s) stole a credit card from the mailbox and used it to make an unauthorized purchase at "Hassan & Son" in Gardena. **JANUARY 25-29**

Attempted Residential Burglary: 2300 Block of Walnut Ave. Unknown suspect(s) attempted to break multiple windows to the residence, but were unable to enter due to the double-sided windows. No property was taken.

Residential Burglary: 1700 Block of N. Poinsettia Ave. Unknown suspect(s) entered

Church, 1340 Eleventh St. Tuesday, February 19

• City Council Meeting, 6-11 p.m., City Council Chambers, 1400 Highland Avenue. Wednesday, February 20

• "Network Your Heart Out...It Matters" LA Networking Matters' 4th Annual Networking for a Cause event, 6-8:30 p.m., Manhattan Country Club. For more information call (310) 370-0555. UPCOMING

 Manhattan Little League Opening Day Parade, Mar. 2, 8-10 a.m., from Manhattan Beach Police Station, south to Manhattan Beach Blvd, west to Highland Ave., north to 15th St. and east to American Martyrs.

 Swing and Sway Ballroom Dance, March 8, 8-11 p.m., Joslyn Community Center, 1601 Valley Drive. \$7 per person. Adults only.

• Mayor Wayne Powell's Walk 'n Talk is the first Tuesday of each month at 9:00 a.m. at Peets Coffee & Tea, 328 Manhattan Beach Blvd. Also, the third Tuesday of every month at 9:00 a.m., at North End Café, 3421 Highland Ave.

JANUARY 18-21

Theft: 500 Block of 15th St. Unknown suspect(s) removed and took the catalytic converter from a parked vehicle.

JANUARY 17

Theft: 100 Block of 38th Pl. The victim witnessed a male, Hispanic adult stealing mail from his mailbox. The suspect fled the area after being confronted by the victim.

JANUARY 16-17

Theft: 400 Block of 26th St. Unknown suspect(s) entered an unlocked vehicle and stole sunglasses.

JANUARY 16

Robbery: 1800 Rosecrans Ave. Officers responded to a robbery that just occurred in the parking lot of Trader's Joes. The victim was robbed by two male Hispanic suspects, one of which was armed with a handgun. Both suspects fled the location, northwest through the parking lot on bicycles and out of view. The victim's wallet was taken.

JANUARY 15

Residential Burglary: 1300 Block of 21st St. Homeowners arrived home to discover their home was burglarized and two subjects where in the backyard. When confronted the subjects fled the area and into the neighborhood. Responding officers met with one of the victims and a witness, whom had followed one of the suspects for a few blocks. The male juvenile (16yrs), was positively identified and in possession of stolen property from the residence (approximately \$5,000 worth of jewelry). The second suspect was last seen running between homes, just north of the location but was not located.

JANUARY 14

Vehicle Burglary: 300 Block of 25th St.

The Metro Board of Directors approved spending \$302 million to purchase 550 new 40-foot transit buses fueled by compressed natural gas. The new buses will replace vehicles that are past 12 years of age and 500,000 miles over the next three years.

Ramp Work Expected For I-405

As part of the I-405 Improvements Project between the I-10 and U.S. 101 freeways, construction work is anticipated in the near future for the on-and off-ramps along the I-405. Please check *metro.net/405* for the latest project information, including upcoming work, closure and detour information.

Metro Installing EV Charge Stations

Metro is the first transit agency in the nation to introduce electric vehicle (EV) charge stations at rail station parking lots. five Metro Rail stations will have them: Union Station, Sierra Madre Villa, Universal City, El Segundo and Willow. Riders with EVs can charge their cars while using the Metro system. More at metro.net/ev.

Metro, LAX Working On Connector

Three proposed Metro Rail station sites at LAX have been identified as part of the ongoing Airport Metro Connector project. Metro and LAX have been working together on the project to connect the airport to the Metro Rail system. Alternatives being considered include bus rapid transit, light rail and a people mover.



If you'd like to know more, visit metro.net.

the residence through an open bathroom window and ransacked several bedrooms. Two watches, a wallet, a computer and miscellaneous jewelry were taken.

JANUARY 21

Theft: 1800 Block of Faymont Ave. Unknown suspect(s) entered an unlocked vehicle that was parked in the driveway and stole the GPS unit.

Theft: 1400 Block of Elm Ave. Unknown suspect(s) entered an unlocked vehicle and stole a purse that was left on the front seat. The purse contained four credit cards, of which, one card was used at Chevron in Manhattan Beach and a second card was used to make an online electronic purchase.

JANUARY 20

Stolen Vehicle: 3200 Block of Alma Ave. Unknown suspect(s) stole a black 2009 Ford Explorer that was parked in the driveway. Credit cards that were stolen from inside the vehicle were used at Jack in the Box and 7-11 in Manhattan Beach and Orange Electronics in Commerce, CA.

Unknown suspect(s) entered an unlocked vehicle and stole miscellaneous items.

JANUARY 12

Residential Burglary: 1000 Block of N. Redondo Ave. Unknown suspect(s) removed the screen from the unlocked kitchen window to enter the residence. The suspect(s) took a watch, purse, and miscellaneous jewelry. The suspect(s) unlocked the back door to exit the residence.

JANUARY 10

Loitering: 300 Block of 6th St. Unknown suspect(s) entered the victim's secured backyard and attempted to open a locked door that leads to the detached garage.

Residential Burglary: 800 Block of Rosecrans Ave. Unknown suspect(s) removed the screen from the open bedroom window to enter the residence. The suspect(s) took a laptop computer and jewelry.

An MBPD Officer conducted a traffic stop on a vehicle at Artesia and Vail for a vehicle code violation. The driver of the vehicle was

See Police Reports page 7

Politically Speaking

One Man's Opinion

By Gerry Chong

The fact that we are here today to debate raising America's

debt limit is a sign of leadership failure. It is a sign that the U.S. government cannot pay its own bills.

It is a sign that we now depend on ongoing financial assistance

from foreign countries to finance our government's reckless fiscal policies.

Increasing America's debt weakens us domestically and internationally.

Leadership means that the buck stops here. Instead, Washington is shifting the burden of bad choices today

onto the backs of our children and grandchildren.

America has a debt problem and a failure of leadership.

Americans deserve better.

--Senator Barack Obama, March 2006

We don't have a spending problem. --President Barack Obama, January 1, 2013

In ancient Greece, a cadre of self-proclaimed intellectuals named themselves "Sophists," translated as "I am wise." *Wikipedia* said "these intellectuals had one thing in common: They typically had a great understanding of what words would entertain or impress or persuade an audience. Hence today, Sophists use specious arguments for purposes of deceiving someone. They use rhetorical sleight of hand and ambiguities of language increase of 49 percent from January 2009 to November 2012. New enrollees are joining the ranks of those that cannot feed themselves at the rate of 11,000 people *per day!*

The Sophist makes the populous argument that the "rich don't pay their fair share," ignoring the fact that the wealthiest one percent pay 35 percent of income taxes, and the top five percent pay 59 percent. For the Sophist to appeal to his political base, there can be no limit to a "fair share."

While Sophists call for restructuring of the tax code as a euphemism for tax increases, they ignore the reality that taxes on all segments of society have already increased. The tax rate on the wealthy has risen to 39.6 percent, the employment tax on all earners has gone from four percent to six percent, and employers will be hit with a range of Obamacare taxes--all withdrawing capital from the job-growing segment of the economy.

The Sophist claims "redistribution" will create a fairer nation, but ignores the most basic fact that splitting a country into "payers" and "receivers" divides a country into two camps, making impossible "one nation, under God, indivisible."

The Sophist proclaims that increasing government spending should accelerate until the economy recovers, but unbridled spending will destroy the economy before it can recover. As a corollary to the spending conundrum, on February 5 the Congressional Budget Office noted that the national debt

"The tax rate on the wealthy has risen to 39.6 percent, the employment tax on all earners has gone from four percent to six percent, and employers will be hit with a range of Obamacare taxes—all withdrawing capital from the job-growing segment of the economy."

in order to deceive or to support fallacious reasoning. In this view, the Sophist is not concerned with truth or justice, but instead he seeks power."

Today's Sophist tells that we are better off, even as food stamp participation has grown from 32 million to 47 million people...an had exploded 23 percent, from \$13 trillion to \$16 trillion, in just 16 months. Over 10 years, interest on that debt will grow from \$1.76 trillion to \$3.64 trillion so that by 2020, interest expense will equal defense spending.

So beware of the grinning Sophist who claims, "We don't have a spending problem."•



Follow Us ON TWITTER @HERALDPUB



Another Man's Opinion

Health Care: It's About Human Lives

By Cristian Vasquez

Much can be debated about the possible outcome of President Barack Obama's Health Care Reform. Staunch conservatives attack the reform and label it part of a Communist shift in our nation's economy. Liberals attack the reform as not providing enough for those in need. Still, those stuck in between the factions are left wondering how much the reform will cost, save and overall change the effectiveness of our health care system. While many valid arguments can be made in favor and against the reform, what is certain is that President Obama's Health Care Act is a necessary step in the right direction to addressing a basic human need: medical care. To begin, the reform is not the beginning overall these providers have viewed the insured as commodities. Human beings have been considered no more than pawns in the game of supply and demand who can be discarded at the first sign of a lost profit. How can we, as a proud Christian nation, be fine with that? Since when did Mom and Dad, Grandma and Grandpa become disposable?

It is tragic that in our country, with some of the best medical experts on the planet, people were being dropped from coverage and treatment because of a preexisting condition. The President's reform act prevents this and rightfully so. While I am considerate of these insurance companies' need to make a profit, it can be done without sacrificing the lives of ordinary, hardworking people. There is

"While I am considerate of these insurance companies' need to make a profit, it can be done without sacrificing the lives of ordinary, hardworking people.."

of a Communist or Socialist state in America. Communist and Socialist states control the means of production and the Health Care Reform Act does not control production. It does, however, determine what insurance companies can and cannot do. In other words, it regulates the actions of an insurance company when it comes to determining who they will cover, who they won't cover and why. At its core, this is a necessary step in order to attain an effective health care system in our nation.

For too many years, insurance companies have denied coverage to individuals with preexisting conditions. From diabetes to high blood pressure or even a broken arm, a preexisting condition was enough for an individual to have their insurance company drop them or have a new provider deny them coverage. Given, not all of the insurance companies operated the same way. However, absolutely no way to justify a company's refusal to cover a person's ailments because they are predisposed to their condition in the name of profit.

For too long, insurance companies have failed to address the issue of preexisting conditions by simply ignoring the patient. With this reform, insurance companies will be forced to address preexisting conditions in patients through an effective and humane business model. They will have to provide an option that the patient can work with and that will neither impose all of the financial burden on the insurer nor the insured. It is sad that it took a federal law to force insurance companies to tale these steps because as Americans, we are very kind-hearted, generous individuals. Nobody wants to see their brother or sister dropped from coverage or denied coverage because of a preexisting condition and neither does President Obama. •

From the Source

Political Q & A

By Gerry Chong

Last week in our initial column asking our political leaders their positions on important topics of the day, we had asked Congresswoman Maxine Waters, Senator Ted them, most recently with new emergency and operating rooms. The challenge overall in the South Bay is to maintain the quality of life that attracted its residents, while adapting to environmental and technological changes.



We are now a Registered eBay Drop Off Location. We sell your antiques & Collectibles for you on eBay.

First bring your item in. If it is worth \$100 or more, we will: Research, Photograph & List it on eBay Answer Buyer Questions Pack & Ship Sold Items Write you a check

Free Appraisals Anytime

Bring your items to: 337 Richmond Street or Or call 310-416-1233 DAILY 9-5:30 www.studioantiques.com



THEYELLOWDOGPROJECT.com

If you see a dog with a **YELLOW RIBBON** or something yellow on the leash, **this is a dog who needs some space**. Please do not approach this dog with your dog. Please maintain distance or give this dog and his/her person time to move out of your way.



There are many reasons why a dog may need space: HEALTH ISSUES IN TRAINING BEING REHABILITATED SCARED OR REACTIVE AROUND OTHER DOGS THANK YOU! Those of us who own these dogs appreciate your help and respect! Lieu and Assemblyman Steve Bradford about their views on the most optimistic thing we in the South Bay can look forward to in 2013. Their responses were published last week.

This week, we posed a similar question to Chairman of the Los Angeles County Board of Supervisors Mark Ridley Thomas and supervisor Don Knabe. Specifically, we asked, "What are the opportunities and challenges you see at the County level for South Bay communities in 2013"?

Chairman Ridley-Thomas responded:

The South Bay region has unique assets and challenges. For example, its attractive beach and hillside communities have special transportation requirements, so we are working at the County and with the Metropolitan Transportation Authority to relieve road congestion and extend public transit. We also are experimenting with novel congestion mitigation programs such as FasTrak lanes and electric vehicles for local trips. Our hospitals, including Harbor/UCLA, are second to none and we continue to modernize Supervisor Knabe said:

Each and every city and community within the South Bay faces its own unique challenges and opportunities in 2013. Los Angeles County stands ready to assist its residents with all available resources to meet those moments together in the coming year.

We at Herald Publications see this column as a public forum in which readers can suggest questions of their political leaders. We therefore urge you to submit your questions to South Bay office-holders in Congress, the State Senate, the State Assembly and the County Board of Supervisors by transmitting your inquiries to gchong@chongco.com. We will do our best to solicit answers to your inquiries.

Next week, we will ask Senator Rod Wright and Assemblyman Al Muratsuchi the following question: "Each year, the State Legislature passes more than 1,000 bills, the vast majority of which are signed into law. Is there such a thing as too many laws? If so, how should we control their volume?" •

13 Cooking Tips for 2013, final tips:

11. When trying to cook Italian food use dried oregano and basil for the tomato sauce. This will give you a more earthy sauce.

12. Always chop on a clean stable surface for safety. I never cut myself using the correct tool for the right job.

13. And the final tip, call your favorite restaurant early to make reservations. $\ensuremath{\mathsf{LOL}}$

It's trivia time. We are starting a weekly trivia contest. Every week I will post a new trivia question and the first five people to come into Buffalo Fire Department for dinner will win a cheeseburger and drink. You must be 18 to win and must submit it in writing at the hostess stand before you order. This offer is only good Monday thru Saturday after 5:00 pm at the Buffalo Fire Department. You can only win one time per month, but you can still come into BFD!

So here is this week's question:

What three characters were featured on Howard Johnson restaurant signs, menus and china patterns for about 5 decades? See you at BFD.

The weather is getting better so clean off the BBQ and grab a cold one. Here is a great salsa to go with grilled chicken, fish, or, meat.

The Chef



Cucumber Citrus Salsa

DTS N' P

and how to bang them

by Chef Shafer

cup diced onion
 cup diced cucumber
 cup diced radish
 to 4 finely chopped jalapeños
 bunch chopped cilantro
 zest and juice from two lemons
 zest and juice from two oranges
 teaspoon salt
 teaspoon black pepper
 Mix together and chill.•

Live, Love, Laugh, Eat Chef Shafer, Owner/Chef of Depot, Buffalo Fire Dept., and the Downtown Torrance Market Place.

-		
	BRING THIS COUPON INTO BUFFALO FIRE DEPARTMENT TO ENTER THE WEEKLY TRIVIA CONTEST	FIRST FIVE PEOPLE WHO
	NAME	COME IN WITH CORRECT
	ADDRESS	ANSWERS WIN.
	ANSWER	GOOD LUCK!
	DATE	The Chef

1261 Cabrillo Avenue, Torrance

310.320.2332 www.BuffaloFireDepartment.com







Chef Shafer 310-787-7501 • Julie Randall 310-328-6107 www.buffalofiredepartment.com

LIMITED TIME OFFER!

STEAK & LOBSTER SUNDAYS & MONDAYS ONLY \$24.95

THE PERFECT COMBINATION Tender Steak Medallions with Bordelaise Sauce

310.320.2332

and a Delicious Lobster Tail with Melted Butter.

McCORMICK& SCHMICK'S

SEAFOOD & STEAKS

2101 ROSECRANS AVENUE | EL SEGUNDO, CA 90245 | 310.416.1123

Basketball Legend Dr. Jerry Buss Passes Away at 80

Courtesy of the Los Angeles Lakers/ D-Fenders

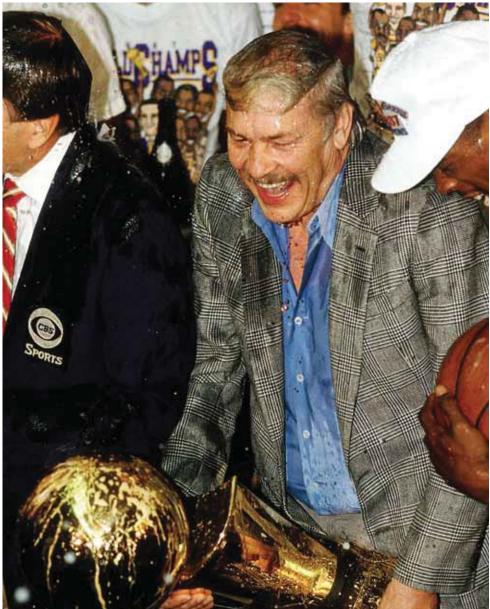
Dr. Jerry Buss, longtime owner of the Los Angeles Lakers and owner of the Los Angeles D-Fenders, passed away on Monday morning after a long illness. He was 80 years old.

The Buss family and the Lakers organization sent out the following on Monday shortly after the passing of the greatest owner in the history of professional sports:

"We not only have lost our cherished father, but a beloved man of our community and a person respected by the world basketball community," a statement released on behalf of the Buss family said. an era of success unrivaled in the history of Southern California professional sports.

As owner of the Lakers, Dr. Buss oversaw a franchise that won 10 Larry O'Brien championship trophies, reached the NBA Finals on 16 occasions, and missed the playoffs just twice. Furthermore, the Lakers compiled the NBA's best record under his guidance, going 1786-926 overall (.659 winning percentage).

Some 27 years after his journey began with the Lakers, Dr. Buss became the first NBA owner to own and operate an NBA Development League team, starting the D-Fenders franchise in 2006 to help develop NBA talent for the Lakers. Under Dr. Buss' ownership, the D-Fenders produced countless NBA players and, in just



Dr. Buss had been hospitalized much of the past 18 months in a battle which "showed his amazing strength and will to live. It was our father's often stated desire and expectation that the Lakers remain in the Buss family. The Lakers have been our lives as well and we will honor his wish and do everything in our power to continue his unparalleled legacy," the statement concluded.

six seasons of existence, had already won the Development Champion award, set the regular season record for wins (38-12) and reached the NBA D-League Finals, among other successes. A true pioneer both in the NBA as well as the NBA D-League, now a total of five NBA D-League teams are owned and operated by an NBA team, a number that will likely continue to grow. the third Laker to enter the Hall as a contributor (Chick Hearn, Pete Newell).

Dr. Buss was a graduate of the University of Wyoming, earning a Bachelor's degree in Chemistry and later a Ph. D in Physical Chemistry from the University of Southern California. After a brief career in the aerospace industry, Dr. Buss and Frank Mariani, an aerospace engineer, drew upon their scientific training to launch a career in real estate. For Dr. Buss, the real estate firm of Mariani-Buss Associates was originally intended only to provide income, which would allow him to pursue his love for teaching. The expansion of the real estate firm was so fast, though, that it would not allow time for other professions.

Ultimately, Dr. Buss parlayed his original \$1,000 investment in a West Los Angeles apartment building into assets that eventually enabled to him to achieve his second love, ownership of a major league sports team.

A true pioneer and trailblazer in innumerable ways, Dr. Buss initiated many innovative marketing changes (which included a major advertising agreement with Great Western Bank in 1988 to name the team's former arena the Great Western Forum), and as a result, many of his strategies are emulated today by franchises across each of the major North American professional sporting leagues.

In addition to his role with the Lakers, Dr. Buss served two terms as President of the NBA Board of Governors and helped launch Prime Ticket Network (now FS West/Prime Ticket) in 1985. Altering the look of sports television, Prime Ticket televised all of the Lakers home games and shortly became the nation's premier regional sports cable network. On October 30, 2006, Dr. Buss' inventive spirit empowering fans to never miss a home game earned him a star on Hollywood's Walk of Fame in a ceremony attended by his staff, close friends and family.

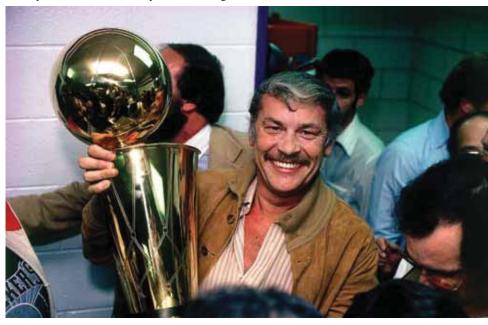
Yet for all of his accomplishments in business and sports, Dr. Buss was equally respected for his philanthropic efforts. Among his countless philanthropic endeavors, Buss focused on supporting education along with the needs of disadvantaged youth and the elderly. For his generous efforts he was honored by such organizations as the City of Hope, NAACP, the B'nai B'rith, United Negro College Fund, United Indian Development Associations, American Hebrew University, National Organization of Women, Boys and Girls Clubs of America, Muscular Dystrophy Association, the Los Angeles Human Relations Commission and Heart of Los Angeles Youth, along with many others. Dr. Buss also funded scholarships at his alma maters, Wyoming and USC, and endowed the Magic Johnson Scholarship at Michigan State University.

Dr. Buss is survived by sons Johnny, Jim, Joey and Jesse and daughters Jeanie Buss and Janie Drexel, all of Southern California; eight grandchildren; former wife JoAnn of Las Vegas; half sister Susan Hall of Phoenix; half brother Micky Brown of Scottsdale; and stepbrother Jim Brown of Star Valley, Wyoming.

A memorial service for Dr. Buss will be held on Thursday, February 21st at Nokia Theatre, L.A. LIVE. In lieu of flowers, the family requests that donations be made to the Lakers Youth Foundation or a charity of the donor's choice. • **Photos by NBAE/Getty Images.**



In 1979, Dr. Buss purchased the Lakers along with the Los Angeles Kings of the NHL, The Great Western Forum and a 13,000-acre Kern County Ranch in June of that year, and so began As result of his incredible successes, Dr. Buss was enshrined in the Naismith Memorial Basketball Hall of Fame in Springfield, Massachusetts on August 13, 2010, becoming



Police Reports

on active parole for possession of narcotics for sales.

The subsequent investigation revealed the driver was in possession of a loaded handgun which was secretly hidden in the center console below the gear shift.

Also found was a stolen credit card and IPod. The subject was arrested.

JANUARY 7

Attempted Vehicle Burglary: 1 Manhattan Beach Blvd (lower south pier parking lot) Unknown suspect(s) shattered the rear driver's side wing window in the attempt to steal property.

JANUARY 6

Theft: 1300 Block of 19th St. Unknown suspect offered to assist an elderly woman who had locked her purse and keys in the trunk of her car.

Using a crow bar, the suspect removed the back seat, but claimed he could not reach the purse.

The victim then allowed the suspect to enter her house and use the bathroom.

While the victim stepped outside, the suspect entered a bedroom (nothing appeared to be taken).

The suspect left in a dark gray, 4-door, Chevrolet, Truck, w/"Rusnak" paper plates and no front bumper.

After the victim was able to retrieve her wallet from the trunk, she discovered approximately \$100 missing.

The suspect is described as: possibly Hispanic, 25-29yrs, 5'8"-6'0" tall, thin, dark short black hair, jeans and a black t-shirt.

JANUARY 5

Stolen Vehicle: 1400 Block of Manhattan Ave. Unknown suspect(s) stole a tan 1991 Honda Accord that was parked on the street, in front of the residence.

JANUARY 4

Attempted Vehicle Burglary: 13th St./N

from page 2

Highland Ave.

Unknown suspect(s) punched the driver's side door lock to gain entry into the vehicle. No loss was reported.

JANUARY 2-3

Vehicle Burglary: 700 Block of 26th St. Unknown suspect(s) damaged the driver's side door lock to gain entry and stole the 3rd row seat.

Vehicle Burglary: 500 Block of 35th St. Unknown suspect(s) punched the driver's side door lock and stole the 3rd row seat.

JANUARY 1-2

Vehicle Burglary: 1400 Block of N. Valley Dr. Unknown suspect(s) stole a cell phone and car radio from the victim's vehicle.

There were no signs of forced entry and victim stated he had locked his car.

DECEMBER 28 TO JANUARY 4

Vehicle Burglary: 100 Block of 6th St. Unknown suspect(s) punched the driver's side door lock to gain entry into the vehicle and stole the 3rd row seat.

Vehicle Burglary: 100 Block of 6th St. Unknown suspect(s) punched the driver's side door lock to gain entry into the vehicle and stole the 3rd row seat.

DECEMBER 21 TO JANUARY 5

Residential Burglary: 1600 Block of 8th St. Unknown suspect(s) smashed the exterior pane of the sliding glass door to the home and possibly entered a side storage area.

No entry was made to the home and no loss was reported.

DECEMBER 18 TO JANUARY 5

Grand Theft: 500 Block of Longfellow Ave. Unknown suspect(s) stole a bicycle that was locked to a balcony, off the side of the residence.

DECEMBER 31 TO JANUARY 2

Grand Theft: 500 Block of 23rd St. Unknown suspect(s) stole three unsecured bicycles from the side of the victim's residence.



No Gold in San Francisco

By Adam Serrao

Now that football season is over and that empty feeling has sunk in for all of us, it is the perfect time to reflect back on a season past that has been, all in all, very successful for the team from the San Francisco Bay.

A loss in the Super Bowl is clearly never easy to handle, so fans of the 49ers may be feeling just a tad bit more empty than most of us right about now. But those same fans of the team can look back and say that the Niners at least made the game respectable.

From the looks of things early on, it was as if the team had no business even being there--kind of like Raiders vs. the Buccaneers in the 2002 Super Bowl.

But these Niners are nothing at all like those Raiders. Instead of fading off into oblivion, San Francisco, coach Jim Harbaugh and quarterback Colin Kaepernick should have no problem returning to the grand stage very soon.

Losing was an unfamiliar feeling for many 49ers' fans, players and coaches alike. After losing only four games all season long, San Francisco also lost in the Super Bowl--something they hadn't done in their five previous appearances in the big game.

Most fans will point to the guys wearing black and white and blame them for their team's misfortune on the night. Flags have been thrown all year long down the field at less contact than what Michael Crabtree was hit with on that pivotal play in the final stages of the fourth quarter on Super Bowl Sunday.

But when you dig yourself as deep of a hole as the 49ers did in that game, it would really be unfair to try and extract what would have been a game-winning call from the referees.

From the very first play of the game, the 49ers were not ready to play. A first down and a 20-yard reception erased because of an illegal formation on a play that should have been practiced continuously over the two weeks that the team had off made it clear to see that big brother John Harbaugh and his Ravens were simply more prepared for the glitz and glamour of one of the world's biggest stages.

No team has ever come back from more than 10 points down to win the Super Bowl.

In just his 10th start ever, though, Kaepernick almost made that happen. With three straight chances from the five yard line, Kaepernick threw three straight incomplete passes, all intended for Michael Crabtree. It was almost



as if the coaches of the Niners had a pool in Vegas with Crabtree scoring the go-ahead touchdown to ultimately win the game for their team.

A quarterback with the legs and speed of Kaepernick and a running back who had just previously galloped for a 33-yard run to get the team to the seven and they throw three passes instead of using the run-option that has been so successful for them all season long.

Instead of blaming the refs for the game, 49er fans should blame coaching and playcalling like that. Hindsight is 20-20, however.

When it comes down to it, it is pretty obvious that the 49ers will be competing for additional Super Bowl titles for many years to come in the NFC.

Jim Harbaugh isn't going anywhere, Kaepernick isn't going anywhere and now they have all the experience that is necessary to come out strong next year.

"This will all be motivation," said San Francisco offensive lineman Joe Staley.

Motivation is, indeed, what is needed. The Ravens had it because of Ray Lewis. Now the 49ers will look to gain it all summer long because of the endless visions that they will have of Lewis falling to the ground and crying into microphones as they remained five yards short of winning the game.

Jim Harbaugh did a poor job of play-calling toward the end of the biggest game of his NFL career. We tend to forget, he is still a relatively new NFL head coach.

Likewise, Kaepernick is a brand new NFL quarterback. It was obvious to predict that he would come out with butterflies on the biggest stage of his career in only his 10th start ever. The thing that makes Kaepernick different than any other run-option quarterback is that he is just as good in the pocket as he is running the ball. He doesn't often make mistakes, though in the Super Bowl his nerves got to him and he and the coaching staff made plenty of them.

Should the 49ers make it back to the Super Bowl next year, or in any of the next five to seven years, their fans can expect to see a different a team--a team that doesn't give the opposition a free 30 minutes of football and a team that learns from the mistakes it made in the final minutes of the game. With that maturity, the 49ers would have indeed won this Super Bowl and will indeed win the next one in which they are fortunate enough to play. •

EL SEGUNDO HERALD* MANHATTAN BEACH SUN HAWTHORNE PRESS TRIBUNE* INGLEWOOD NEWS* LAWNDALE NEWS* TORRANCE TRIBUNE

EL SEGUNDO OFFICE • 312 E. Imperial Ave • El Segundo • CA • 90245 Phone: (310) 322-1830 • Fax: (310) 322-2787 • www.heraldpublications.com 'Our papers are legally recognized and adjudicated newspapers of general circulation

(2) courtside seats to the game and (2) fan packs
<u>SECOND PRIZE:</u>
Pair of General Admission tickets to the Game

FIRST PRIZE:

All winners and their guests also receive a photo opportunity with the Lakers Championship Trophies!!

Entry deadline for D-Fenders game on 3/6 is Monday, March 4 To enter, please send your contact information to: pressrelease@heraldpublications.com or call 310-322-1830



Are the official minor Los Angeles league team of the

and play all of their home games at Toyota Sports Center in El Segundo

SPECIAL OFFER: BUY ONE TICKET GET ONE FREE MONDAY • FEBRUARY 25 • 6:30PM VS. IDAHO FOR TICKETS CALL: 310-426-6043

Herald Publications Board Members Chairman and Vice President: Richard Van Vranken CEO and President: Heidi Maerker Director-at-Large: John Van Hook

Herald Publications Staff

Editor-in-Chief: Heidi Maerker, ext. 28 Accounting: Denise Armas, ext. 24 Editorial: Noraly Hernandez, ext. 25 Legal Notices: Noraly Hernandez, ext. 25 People Items, Subscriptions: Martha Prieto, ext. 21

Display Advertising Sales:

Torrance: Charlene Nishimura, ext.23, advertising@heraldpublications.com Real Estate: graphics@heraldpublications.com Display Ads: marketing@heraldpublications.com

Important Emails -

editorial@heraldpublications.com

For announcements (weddings, engagements, obituaries, calendar), "Letters to the Editor" and subscriptions

legal Notices@heraldpublications.com For publication of legal notices other than DBAs

classifieds@heraldpublications.com For classified ads and Fictitious Business Name (DBAs) publications

pressrelease@heraldpublications.com For press releases and submissions for consideration **Graphic Artists** Mike Gonzales Matt Lopez

Contributing Writers

Gerry Chong, TerriAnn Ferren, Dylan Little, Greg McMullin, Duane Plank, Adam Serrao, Brian Simon, Joe Snyder, Cristian Vasquez

Photographer: Shelly Kemp

Ask the DMV Expert Answers to Common DMV Questions

Do you have questions about general driving related requirements like registration and insurance? Are you unclear about laws and restrictions related to driving? The California Department of Motor Vehicles has answers. Save Time. Go Online at www.DMV.ca.gov.

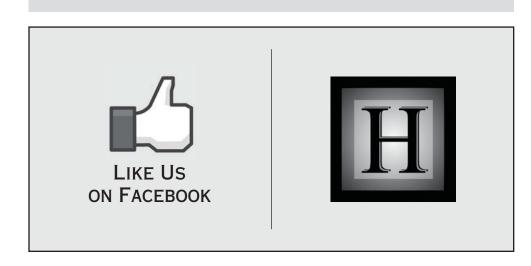
Q. I was thinking of that the DMV should offer a breast cancer license plate as one of the special interest license plates. Is this something the DMV would consider?

A. That is a great idea! However, the DMV does not have the power to decide which plates can be established. An organization must first get a state agency sponsorship of the proposed license plate. The plate design must contain a message that publicizes or promotes a state agency or the official policy, mission, or work of a state agency. At least 7,500 pre-ordered applications for that special interest plate must be received by the department before a new special license plate can be created.

Q. I went to get a smog check for my car and it passed, but the DMV contacted me saying they never received a certificate. Now what do I do? A. You can ask the smog shop to resend the certificate to the DMV, but be sure that they have all the correct vehicle information. You can also take the smog test results document into the DMV yourself (appointment suggested). **Q. Can I take the driving test before I take my written exam?** A. No. It is required that you pass your written exam before you can take the driving test. This is to ensure that you know the rules of the road before you get behind the wheel. For more information on the driving test, visit http://www.DMV.ca.gov/pubs/brochures/ fast_facts/ffdl22.htm.

The DMV is a department under the Business, Transportation and Housing Agency, which is under the direction of Acting Undersecretary Brian Kelly. The DMV licenses drivers, maintains driving records, registers and tracks official ownership of vehicles and vessels, investigates auto and identity-related fraud, and licenses car dealers, driving schools, and traffic violator schools. For more information about the DMV, visit www.DMV.ca.gov.

Visit us online: www.heraldpublications.com



<u>Seniors</u>

Boomers and Beyond: A 5-Step Action Plan for Keeping Your Heart Healthy

(BPT) - More baby boomers and older adults are taking a proactive approach to heart health. Living a heart-healthy lifestyle in your golden years and dealing with any type of diagnosis head-on is the smart way to keep your heart pumping strong for many years to come. Following these five easy steps can help you take control.

1. Exercise your heart by staying active.

Increasing your heart rate through daily exercise can help keep your heart healthy and help you live longer. Good heart-healthy activities include walking, swimming and bicycling. Stay motivated by exercising with a friend.

2. Eat heart-healthy foods.

Fresh fruits and vegetables are fantastic for heart health - make it your goal to eat a variety of colors every day. Whole grains and fish rich in omega-3 fatty acids are good choices also.

3. Consult your doctor about heart-healthy supplements.

As we age, sometimes our bodies can't absorb vitamins and minerals as well as when we were younger. Many people take vitamin D and a low-dose aspirin daily once they hit their 50s or 60s. Ask your doctor for recommendations.

4. Schedule your annual physical.

An annual physical is the cornerstone of preventative care. At your appointment, make sure you get your blood pressure and cholesterol checked. Have your doctor explain what those numbers mean for you.

5. Don't be afraid to ask questions.

No matter what, when it comes to the health of your heart, ask questions. If you are diagnosed with a slow heartbeat and need a pacemaker, talk with your doctor about your options and determine if a pacemaker that is approved for use in an MRI may be right for you.

Marilyn Rose of Richardson, Texas, ate healthy, exercised regularly and scheduled yearly physicals, but at age 80 she frequently felt tired and short of breath. Rose was scheduled for an echocardiogram, a heart test that allows the doctor to see the movement of the heart, and it was then that she learned she had a condition called bradycardia, or a slow heartbeat. Rose needed a pacemaker to help her live a full life, but she learned that historically, pacemakers have not been approved in the U.S. for use with MRIs. She was concerned - she knew at her age the likelihood that she might need an MRI at some point was high.

After talking with her doctor and asking plenty of questions, Rose learned that the FDA had approved the first pacemaker that was fit for use in the MRI environment. Today, after getting her pacemaker, she's feeling great and is back to her regular life, swimming, knitting and playing with her five grandkids. Her friends



call her the "Energizer bunny," and with her pacemaker she says she feels better than she did before. For Rose, asking the right questions made a life-changing difference.

Rose's story is just one example of how the decisions you make today can impact your health tomorrow. She is now part of an educational campaign called "Join the Pace Makers," because she wants to share her experience and help inform others about heart health and their options when it comes to choosing a pacemaker.

Whether you want to take on your golden years with a heart-healthy outlook, or you are a child of aging parents and you want them to live a long, full life, these tips can help you reach your goals. If you know someone who needs a pacemaker, you have an opportunity to make a difference. Learn more and become a Pace Maker at www.JoinThePaceMakers.com.



Avoid Expected Delays Along Sepulveda/PCH



A local transportation project between February and early March will cause limited road closures from 10:00pm - 5:00am on selected dates.



In order to help ensure the continued operation of the Chevron El Segundo Refinery, Chevron will replace six existing coke drums that are reaching the end of their useful life with new drums of the same size and location within the refinery.

Chevron is committed to working with you to ensure that potential temporary inconveniences associated with the transportation project are minimized. We want to make sure that you have the details you need to plan ahead.

To view detailed route maps and schedules, visit: www.CokeDrumProject.com

Questions or concerns? Call the project's hotline: **310-615-5298**

